

THE RESILIENT HEALER SUMMIT EMDR and Beyond – In Sacred Community, Together

12.0 CE Credits | In-Person Continuing Education Program
Soulful RENEW Center | Beach El Peñascal Peru

November 5–9, 2026

About the CE Session

This intermediate-level CE session, presented by three experienced clinicians, provides an evidence-informed and ethically grounded examination of occupational stress in trauma-exposed professional settings, differentiating burnout, compassion fatigue, secondary traumatic stress, vicarious trauma/vicarious resilience, and moral injury while clarifying distinctions between normative occupational stress and trauma-related or morally injurious distress; grounded in contemporary peer-reviewed literature, it integrates trauma theory, stress physiology, neuroscience, and systems-informed occupational psychology to examine how cumulative exposure to traumatic material, sustained empathic engagement, ethical conflict, and organizational stressors impact affect regulation, moral appraisal, professional identity, and occupational functioning, with review of individual and systemic risk/protective factors (e.g., emotion regulation capacity, supervision quality, team climate, organizational structure, and sociocultural context); instructional methods include didactic review, structured case analysis, guided skills application, and demonstration of evidence-informed regulation strategies, culminating in a structured, trauma-informed professional resilience plan, with explicit attention to empirical support, clinical utility, limitations, and potential risks; this continuing education activity does not provide psychotherapy, supervision, crisis intervention, or EMDR certification.

Featured CE Sessions

PRESENTER

Jenny Hughes, PhD

Jenny Hughes, PhD is a licensed clinical psychologist specializing in trauma and PTSD. Her clinical and training work focuses on vicarious trauma and vicarious resilience among helping professionals, and she has extensive experience delivering CE-accredited programs. She is the author of *The PTSD Recovery Workbook* and *Triggers to Glimmers: A Vicarious Resilience Journal and Workbook*.

Beating Provider Burnout with Vicarious Resilience | November 6, 2026 | 4.0 CE Hours

Learning Objectives

- Differentiate and describe at least three signs and symptoms of vicarious trauma and at least three indicators of vicarious resilience as they may present in clinical practice or organizational settings.
- In structured exercises or case examples, demonstrate and select at least three evidence-informed strategies (e.g., reflective supervision practices, mindfulness-based regulation, narrative reframing, or gratitude-based reflection) intended to reduce the impact of vicarious trauma and support vicarious resilience.
- Analyze at least three factors—including aspects of personal identity, professional role, and systemic or organizational context—that may influence experiences of vicarious trauma and vicarious resilience in helping professionals
- Using a structured vignette, formulate at least two sustainable resilience-support strategies and describe how they may be incorporated into ongoing professional self-monitoring, consultation, or supervision practices within appropriate professional boundaries.

PRESENTER

Lisa Duez, LCSW, MPA

Lisa Duez, LCSW, MPA is a Licensed Clinical Social Worker and EMDR Approved Consultant with 25+ years of experience. She owns Turning Point Counseling and Consulting and founded Clinician Connection, with extensive leadership and CE training experience focused on trauma-informed care, clinician resilience, and sustainable practice.

Moral Injury, Compassion Fatigue, and Burnout in Mental Health Professionals: Neurobiology, Ethics, and Sustainable Practice | November 7, 2026 | 4.0 CE Hours

Learning Objectives

- Differentiate at least two of the following constructs—moral injury, compassion fatigue and burnout—by analyzing their defining characteristics, antecedents, and symptom presentations.
- Analyze at least two neurobiological mechanisms of chronic occupational stress (e.g., HPA-axis dysregulation, autonomic imbalance, and emotion–cognition circuitry alterations) and accurately associate each mechanism with corresponding clinical symptom patterns in mental health professionals.
- Analyze the interaction between at least two individual-level and two organizational-level risk factors contributing to clinician distress.
- Design an implementation plan that includes at least one evidence-informed individual-level intervention and one organizational-level intervention to reduce secondary traumatic stress and support moral repair in the professional setting.

PRESENTER

Dr. Linda Timme, DSW, MSW, LCSW-C

Linda Timme, DSW, MSW, LCSW-C is a Certified EMDR Therapist and EMDRIA Approved Consultant, Advanced Credit Provider. She specializes in burnout, vicarious trauma, and clinician resilience, integrating EMDR, evidence-based wellness approaches, and culturally responsive care.

Sacred Space for the Healer: EMDR & Evidence-Based Practices to Prevent Burnout and Heal Vicarious Trauma | November 8, 2026 | 4.0 CE Hours

Learning Objectives

- Differentiate burnout, compassion fatigue, vicarious traumatization, and secondary traumatic stress by analyzing clinical case material, identifying at least three distinguishing clinical indicators for each condition, and determining an appropriate professional action consistent with ethical impairment-prevention standards.
- Analyze clinical case material and apply at least four trauma-informed care principles by selecting appropriate clinical responses and identifying relevant ethical obligations regarding clinician competence, impairment prevention, and culturally responsive practice.
- Analyze a professional case scenario and select an EMDR-informed group stabilization protocol; justify its use based on presenting features of workplace-related stress and vicarious trauma; and explain how self-compassion processes support clinical functioning and reduce the risk of impaired practice.
- Analyze clinical and professional functioning scenarios; select at least two evidence-supported self-regulation strategies; develop a plan to monitor effectiveness over time; and determine when supervision, workload modification, consultation, or referral is ethically indicated to maintain professional competence

12.0 Total CE Hours

Nov 6 (4.0 CE) | Nov 7 (4.0 CE) | Nov 8 (4.0 CE)

Nov 5 & Nov 9: Non-CE (arrival, departure and activities)

CE Credit & Approval Information



Application for APA sponsorship of continuing education for psychologists has been submitted and is currently under review and cannot be guaranteed. Psychologists are responsible for verifying CE acceptance with their licensing board



Renew Psychotherapy Center, LLC, provider #2539, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/26/2025–11/26/2026. Social workers completing this Summit receive 12 clinical continuing education credits



Renew Psychotherapy Center, LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7875. Programs that do not qualify for NBCC credit are clearly identified. Renew Psychotherapy Center, LLC is solely responsible for all aspects of the programs. Participants are encouraged to check with their professional licensing board regarding CE acceptance.

Early Bird (Shared Room): \$1,400 (through May 24, 2026)

Shared Room: \$1,750 | Single Room: \$2,500 - \$3,500

Deposit: \$500 (non-refundable; applied toward total)

Requests for information: www.renewemdr.org | contact@renewemdr.org